CLAIMS

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- A method of treating a transplant, comprising:
 administering to the transplant a vesicle, comprising:
 - (i) a T cell-apoptosis-inducing molecule, and
- (ii) a phospholipid which is a stable vesicle former, wherein the vesicle has a fusion rate of at least 20 vesicle fusions/second.
 - 2. The method of claim 1, wherein the T cell-apoptosis-inducing molecule comprises a lipid moiety.
- 3. The method of claim 2, wherein the T cell-apoptosis-inducing molecule further comprises a biotin moiety.
- 4. The method of claim 3, wherein N-biotinoyl-1,2-dihexadecanoyl-sn-15 glycero-3-phosphoethanolamine comprises the lipid moiety.
 - 5. The method of claim 3, wherein the T cell-apoptosis-inducing molecule comprises a chimeric polypeptide of avidin or streptavidin.
- 20 6. The method of claim 5, wherein the T cell-apoptosis-inducing molecule comprises a chimeric polypeptide of FasL.
 - 7. The method of claim 1, wherein the transplant is heart or skin.
- 25 8. The method of claim 1, wherein the vesicle has a fusion rate of at least 10³ vesicle fusions/second.
 - 9. The method of claim 1, wherein the vesicle further comprises ATP.
- 30 10. A method of treating a transplant, comprising: administering to the transplant a vesicle, comprising:

- (i) a phospholipid which is stable vesicle former,
- (ii) at least one member selected from the group consisting of another polar lipid, PEG, a raft former and a fusion protein, and
 - (iii) a lipid,

- 5 wherein the vesicle has a fusion rate of at least 20 vesicle fusions/second.
 - 11. The method of claim 10, wherein the T cell-apoptosis-inducing molecule comprises a lipid moiety.
- 12. The method of claim 11, wherein the T cell-apoptosis-inducing molecule further comprises a biotin moiety.
- 13. The method of claim 12, wherein N-biotinoyl-1,2-dihexadecanoyl-sn-glycero-3-phosphoethanolamine comprises the lipid moiety.
 - 14. The method of claim 12, wherein the T cell-apoptosis-inducing molecule comprises a chimeric polypeptide of avidin or streptavidin.
- 20 15. The method of claim 14, wherein the T cell-apoptosis-inducing molecule comprises a chimeric polypeptide of FasL.
 - 16. The method of claim 10, wherein the transplant is heart or skin.
- The method of claim 10, wherein the vesicle has a fusion rate of at least 10³ vesicle fusions/second.
 - 18. The method of claim 10, wherein the vesicle further comprises ATP.
- 30 19. A method treating a transplant, comprising administering to the transplant a T cell-apoptosis-inducing molecule.

- 20. A vesicle, comprising:
- a phospholipid which is a stable vesicle former; and
- a T cell-apoptosis-inducing molecule.

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- 21. The vesicle of claim 20, wherein the T cell-apoptosis-inducing molecule comprises a lipid moiety.
- The vesicle of claim 21, wherein the T cell-apoptosis-inducing molecule further comprises a biotin moiety.
 - 23. The vesicle of claim 22, wherein N-biotinoyl-1,2-dihexadecanoyl-sn-glycero-3-phosphoethanolamine comprises the lipid moiety.
- 15 24. A vesicle, comprising:
 - (i) a T cell-apoptosis-inducing molecule,
 - (ii) a phospholipid which is stable vesicle former, selected from the group consisting of 1,2-dioleoyl-sn-glycero-3-phosphocholine, 1-palmitoyl-2docosahexaenoyl-sn-glycero-3-phosphocholine and a mixture thereof, and
- 20 (iii) at least one member selected from the group consisting of a polar lipid which is not a stable vesicle former and PEG,

wherein the polar lipid which is not a stable vesicle former has a structure selected from the group consisting of formulas (XVII), (XVIII), (XIX), (XXI), (XXII), (XXIII), (XXV) and (XXVI)

$$\bigcirc \bigoplus_{\mathsf{NH}_3} \bigcirc \bigoplus_{\mathsf{Na}} \bigoplus_{\mathsf{Na}} \bigcirc \bigoplus_{\mathsf{Na}} \bigcirc \bigoplus_{\mathsf{CH}_3} (\mathsf{XXI})$$

and

wherein the phospholipid which is stable vesicle former has a structure of

5 formula (I)

$$X-L-Z_2$$
 (I)

wherein X is H, or has a structure of formula (II)

$$A \xrightarrow{O \xrightarrow{B}} A \xrightarrow{O \xrightarrow{B}} (II)$$

B is a cation or an alkyl group,

A is H, or has a structure selected from the group consisting of formulas (III), (IV), (V), (VI) and (VII)

$$\stackrel{\bigoplus}{H_3N}$$
(IV)
$$\stackrel{H_3C}{\longrightarrow}$$
 $\stackrel{\bigoplus}{N}$
(V)

L has a structure selected from the group consisting of formulas (VIII), (IX) or (X)

$$O \longrightarrow O \longrightarrow O \longrightarrow (X)$$

and E has a structure selected from the group consisting of (XII), (XIII), (XIV),

5 (XV) or (XVI)

$$CH_3$$
 (XV)

- 25. The vesicle of claim 22, wherein the T cell-apoptosis-inducing molecule comprises a chimeric polypeptide of avidin or streptavidin.
- The vesicle of claim 25, wherein the T cell-apoptosis-inducingmolecule comprises a chimeric polypeptide of FasL.
 - 27. The vesicle of claim 20, wherein the transplant is heart or skin.
- 28. The vesicle of claim 20, wherein the vesicle has a fusion rate of at least 20 vesicle fusions/second.
 - 29. The vesicle of claim 20, wherein the vesicle has a fusion rate of at least 10³ vesicle fusions/second.
- 15 30. The method of claim 20, wherein the vesicle further comprises ATP.
 - 31. The vesicle of claim 20, wherein the lipid is N-biotinoyl-1,2-dihexadecanoyl-sn-glycero-3-phosphoethanolamine, and the T cell-apoptosis-inducing molecule is a chimeric polypeptide of a FasL polypeptide and at least one biotin-binding domain.
 - 32. A transplant contacted with a vesicle of claim 20.

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- 33. A method of transplanting a transplant, comprising: contacting the transplant with a vesicle of claim 20; and transplanting the transplant.
- 34. The method of claim 33, wherein the donor and recipient are immunohisto-incompatible.
 - 35. A method of transplanting a transplant, comprising:

transplanting a transplant into a recipient without administering immunosuppressive therapy.

In a method of transplanting a transplant, including 36. 5 transplanting a transplant into a recipient, administering to the recipient immunosuppressive therapy, the improvement comprising:

contacting the transplant with a vesicle of claim 20.

- 10 37. A method of treating a transplant, comprising: administering to the transplant:
 - a T cell-apoptosis-inducing molecule, and a vesicle, comprising
 - (i) a means for binding the T cell-apoptosis-inducing
- 15 molecule, and

- (ii) a phospholipid which is a stable vesicle former, wherein the vesicle has a fusion rate of at least 20 vesicle fusions/second.
- 38. The method of claim 37, comprising the sequential steps of:
- (i) administering the vesicles to the transplant; and
- (ii) administering the T cell-apoptosis-inducing molecule to the transplant.
- 39. A method of treating a transplant already transplanted according to the method of claim 37. 25